



London International Shuai Jiao Open 2013 Tournament Information Pack



**TAKE YOUR PLACE IN
EUROPE'S PREMIER INTERNATIONAL
CHAMPIONSHIPS**

LONDON OPEN
INTERNATIONAL
8TH & 9TH JUNE 2013

Tournaments include:
**KARATE - TAEKWONDO - BJJ - NOGI - MMA
CHI SAU - FENCING - FREESTYLE
CHINESE STYLE WRESTLING - SHUAI JIAO**

FOR COMPETITOR BOOKINGS EMAIL INFO@FIGHTERSINC.NET
HOSTED AT SPORTS DOCK, UNIVERSITY OF EAST LONDON - EXCEL LONDON
REGISTRATION, TRAVEL & ACCOMMODATION INFO & TICKETS
WWW.THELONDONOPENS.COM

 

Chinese-Style Wrestling - Shuai Jiao International Invitational Tournament

SportsDock
World Class Leisure Centre
London

Saturday 8 June, 2013

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London International Shuai Jiao Open Tournament
Saturday 8 June, 2013

1. Accommodation

- 1.1. Hotel: Ramada Hotel & Suite
Address: 2 Festoon Way, Royal Victoria Dock, London, E16 1RH
Tel: +44 (0) 207 540 48 20
Website: <http://www.ramadadocklands.co.uk/>

2. Hotel Rooms

- 2.1. Accommodation will be pre-booked by the Host, payment required in advance by no later than Sunday 5 May, 2013 after this date rooms will be more expensive and will need to be booked by each team directly with the hotel as detailed above
- 2.2. Single room: £100 per room per night
- 2.3. Double room: £140 per room per night (£70 per person per night)
- 2.4. Inclusive of breakfast, 3 set course set menu buffet or sit down dinner at the hotel restaurant and VAT
- 2.5. Lunch not included

3. Ramada Hotel - Dining

- 3.1. Visit the exciting 'Stresa' Restaurant– a contemporary Italian inspired restaurant serving simple dishes using the finest freshly prepared seasonal ingredients.
- 3.2. Please see link below for further details on the Hotel Dining and Breakfast
<http://www.ramadadocklands.co.uk/dining-en.html>

4. Airports

- 4.1. London City Airport: London City Airport and less than a 6 minute walk to Prince Regent DLR stop and the ExCel Exhibition Centre. Built in a dramatic waterfront location in the rejuvenated London Docklands, the Ramada Hotel and Suites is close to the [O2 Arena](#).
- 4.2. Stansted Airport

5. Flight Information

Please ensure you complete the table below with your flight details

London International Open Shuai Jiao Competition Flight Itinerary							
Flight Departure Friday 7 June, 2013	Flight Arrival (Local Time Zone) Friday 7 June, 2013	Flight Departure Friday 9 June, 2013	Airport	Airline Number	Gate	Passenger Name	Team Leader's Number

6. Venue

6.1. SportsDock World Class Leisure Centre

University of East London
Docklands Campus
University Way
London
E16 2RD
Tel: 020 8223 6888

6.2. Public Transport

Please see the Transport for London (TFL) [Journey Planner](#) for the most up-to-date information and advice on how to get here.

6.3. By Tube / DLR

The closest station to SportsDock is Gallions Reach DLR. The Docklands Campus is directly opposite Cyprus DLR station. Trains to Beckton via Cyprus and Canning Town usually run at five-to-ten minute intervals.

6.4. By Bus

Bus routes near the Docklands Campus include 101, 173, 262, 300, 366, 376, 474 and N551. A map of these bus routes is also available from [TFL](#).

6.5. Cycle

Please see the TFL Cycle [Journey Planner](#) to help with planning your route.

6.6. Travelling by Car

The SportsDock car park is provided for public users only. UEL staff and students are not permitted to park.

6.7. Transportation

The BSJU will provide transportation to and from the airport and to and from the venue.

6.8. Road Map



7. Who Can Enter This Competition

- 7.1. You are a member of the British Shuai Jiao Union or an international Shuai Jiao practitioner.
- 7.2. You are aged between 14 and 50 years old (inclusive).
- 7.3. You have read and agree to the competition rules and event rules. You or you parent/guardian if under the age of 18 years and your coach have signed the entry form.

8. Registration Deadline

- 8.1. **9 May, 2013. No registration forms will be accepted after this date.**

9. Competitor Fees

- 9.1. Cost for the 1st event: £25.00
- 9.2. Cost for the 2nd event: £5

10. Registration Form

Completed registration forms should be sent to tournaments@kuoshu.co.uk
Subject: London Open – 8 June 2013

11. Spectator Fees

- 11.1. Can be purchased on the door, wristbands will be provided
- 11.2. Adults £10.00 Children £5.00
- 11.3. Spectator tickets ordered in advance will be collected on the day of the event, wristbands will be provided. Please do not send cash by post.

12. Online Payments Only

- 12.1. To: 'Institute for Chinese Martial Arts'
Sort code: 60-13-28
Account: 47409908
Ref: [Initials and Surname and Country] or if British [Initials and Surname UK and Name of Club]

13. Running Order

- 13.1. See attached documentation Schedule and Information - this will be subject to change.
- 13.2. The running order for the competition will be displayed on the day of the event

14. Filling in Entry Form

- 14.1. When filling in the form please make sure that you do so in clear block capitals.
- 14.2. The way you spell your name will be the way your certificates are spelt.
- 14.3. All entry forms must be completed by those attending the event including your position.

15. Cancelled Categories

- 15.1. If there are less than two people in any category, then they may be merged. If not possible then the category will be cancelled. Please make sure you fill in contact details and you will be notified.

16. Shuai Jiao Sparring Division

- 16.1. **Coaches Take Note:** When putting the Competitors weight on the form, make sure you put the weight they are, not the weight they would like to be

**Chinese-style Wrestling – Shuai Jiao
Rules and Regulations
March 2013**

Authorised by the European Shuai Jiao Union (ESJU)
Approved for Tournaments from March 2013

1. Contestants

- 1.1 All contestants must be aged **14 years old or over** on the day of the tournament; they should be medically fit to compete in a contact sport; and be licensed and insured to participate in Chinese martial arts tournaments and events.

2. Participation

2.1 World and Continental Tournaments

- 2.1.1 A National Team must be fielded to represent one country or UN approved region only. Only one team for each country or approved region may participate. Each National Team will usually consist of: one (1) Team Leader; one (1) Team Coach; one (1) Referee; a maximum of two (2) contestants are allowed in each weight category.

2.2 Open International (Invitational) Tournaments

- 2.2.1 Teams may be fielded to represent countries, regions, associations and/or schools. Teams may represent the same country or approved region and be separated into National Teams 1, 2, 3 etc. Each team will usually consist of: one (1) Team Leader; one (1) Team Coach; one (1) Referee; a maximum of two (2) contestants are allowed in each weight category for each team.

3. Registration and Weigh-In

- 3.1 The registration is supervised by an Administrator supported by a Referee and a Medical Doctor. To register, each contestant must produce: a medical certificate (with English translation, if appropriate); insurance documentation; signed waiver declaration; and a passport or other internationally acceptable photograph identification. The contestant is then cleared to weigh-in.
- 3.2 The weigh-in is conducted by an Administrator and Referee. Contestants are allowed to remove clothing (to underwear) to weigh-in. Contestants may only weigh once, and will then be allocated to the appropriate weight category. The official scales used will be calibrated to industry standards and will be the only acceptable measure of the contestants' weight.

4. Divisions

- 4.1 Divisional age ranges are inclusive and are applicable on the date of the event. Where there are insufficient contestants to run the Senior Divisions these can be combined with the Adult Divisions and reclassified as Adult Divisions at the discretion of the event organisers. A contestant may only participate in one of the gender and age specific divisions below:

Ref.	Male Sparring Divisions	Ref.	Female Sparring Divisions
M1	Junior (14 to 15 Years)	F1	Junior (14 to 15 Years)
M2	Youth (16 to 17 Years)	F2	Youth (16 to 17 Years)
M3	Adult (18 to 40 Years)	F3	Adult (18 to 40 Years)
M4	Senior (41 to 50 Years)	F4	Senior (41 to 50 Years)
M5	Youth Shuai Jiao Tao Lu	F5	Youth Shuai Jiao Tao Lu
M6	Adult Shuai Jiao Tao Lu	F6	Adult Shuai Jiao Tao Lu

5. Weight Categories

- 5.1 Contestants will be matched by gender, age and weight, in the first instance, to the following weight categories. If there are insufficient numbers to run a category (ie less than two contestants) then categories may be combined at the discretion of the organiser, in consultation with the coaches and contestants into: Light Weight; Middle Weight; Heavy Weight; and Infinite Weight.

Ref.	Male Weight Categories	Female Weight Categories
01	Under 56 Kg – Light A	Under 48 Kg – Light A
02	Under 60 Kg – Light B	Under 52 Kg – Light B
03	Under 65 Kg – Light C	Under 56 Kg – Light C
04	Under 70 Kg – Middle A	Under 60Kg – Middle A
05	Under 76 Kg – Middle B	Under 65 Kg – Middle B
06	Under 82 Kg – Middle C	Under 75 Kg – Middle C
07	Under 90 Kg – Heavy A	Under 82 Kg – Heavy A
08	Under 100 Kg – Heavy B	Under 90 Kg – Heavy B
09	Under 115 Kg – Heavy C	90 Kg and Over – Infinite
10	115 Kg and Over – Infinite	

6. Uniform

- 6.1 Unless contestants already have their own uniform and equipment, the ESJU will source: Shuai Jiao Yi (Jacket) and Shuai Jiao Dai (Belt) to indicate Blue or Red. The contestants should also wear: Shuai Jiao Kuzi (martial arts trousers).
- 6.2 The contestant should also wear Shuai Jiao Xie (Wrestling Boots) or martial arts shoes. Bare feet are not advised but may be allowed at the Chief Referee's discretion. Contestants may also wear: a groin shield; a mouth guard; and shin guards. The wearing of jewellery, piercings and other adornments is strictly prohibited.



Shuai Jiao Yi and
Shuai Jiao Kuzi



Shuai Jiao Dai



Shuai Jiao Xie

7. Sparring Area

- 7.1 The sparring area (including a safety zone) is normally a matted 10m x 10m area (100 square metres). The sparring area is a minimum of 8m x 8m (64 square metres). The sparring area may be raised onto a platform (Lei Tai) to a maximum height of 1.2m.
- 7.2 Contestants enter the area when instructed to do so by the Executive Referee. When facing the Head table the contestant in blue should enter from the right and the contestant in red should enter from the left. On entering the area the contestants should salute the Head Table; then each other; and then prepare to engage each other on the Executive Referee's command.

8. A Match

- 8.1 The format for the match will be continuous sparring. During the match time will be stopped for: offences and warnings; uniform and equipment failure; and to seek medical advice.
- 8.2 **Adult Male** - a match will **usually** consist of **two rounds of three minutes duration** with a **30 second** break between rounds. The time for the rounds may be reduced to two minutes; or at the discretion of the event organiser if there is insufficient time to run all matches.
- 8.3 **Junior, Youth, Senior and Female** - a match will consist of **two rounds of two minutes duration** with a **30 second** break between rounds.
- 8.4 **Round Robin** match orders will be created for categories of five (5) contestants or less.
- 8.5 **Double Elimination** match orders will be created for categories of six (6) contestants or more.

9. Scoring Techniques

- 9.1 Contestants may use the following techniques: Shuai Jiao (throwing, wrestling and standing grappling); Kuai Chiao (fast throwing – shoot techniques); Da Shuai (open hand techniques to throw/sweep/take down); Na Shuai (joint manipulation to throw/sweep/take down); Dien Shuai (pressure point manipulation to throw/sweep/take down). The contestant may make use of the opponent's jacket, belt or anatomical handles to execute their technique.

10. Illegal Techniques

- 10.1 The contestant must obey the Executive Referee's commands at all times. Contestants may not use the following techniques: strike the opponent with the head, digits, palm, fist, forearm, elbow, knee, shin or foot; bite, spit or gouge the opponent; attempt to dislocate the opponent's joints; attempt to break the opponent's bones; pull the opponent's hair; pull the opponent's trousers; pull the opponent down once thrown; continue to grapple on the area once the opponent has been thrown; stamp or stand on the opponent's foot; use the hand or forearm to cover the opponents face; and block continuously (to a count of 5 seconds) without attempting any techniques.
- 10.2 Coaches and Team Officials may only instruct the competitor when in their corner. Coaches and Team Officials may not give instruction during the match, (when the competitors are wrestling) unless the intention is to withdraw their competitor by 'throwing in the towel'. Any intervention by the Coach or Team Officials will result in the competitor's immediate disqualification.

11. Warnings and Penalties

- 11.1 The Executive Referee may give a private or public warning, or disqualify a contestant depending on the seriousness of a foul or offence. For the first warning there is no point penalty, for the second warning there is a one point penalty, and the third warning will result in a disqualification.

12. Points Scoring

One (1) Point

- Contestant remains standing whilst causing the opponent to touch down on the area with up to three limbs: hands or knees.
- Contestant throws/sweeps/takes down the opponent causing them to land on their back; and lands on top of the opponent's torso.
- Contestant forces the opponent step out of the area while applying a technique.
- Opponent falls through their own imbalance.

Two (2) Points

- Contestant remains standing whilst causing the opponent to touch down on the area with: one hand and one knee; both hands; both elbows; and/or both knees simultaneously.
- Contestant remains standing whilst effectively sweeping or throwing the opponent causing the opponent to land on their head, side, elbows, chest or bottom.
- Contestant effectively throws the opponent causing the opponent to land on their side or back; and remains standing.

Three (3) Points

- Contestant effectively throws the opponent causing with speed and control causing them to turn through the air (a minimum of 180 degrees) and to land on their back; and they contestant remains standing and balanced after the throw is completed.

Non Scoring

- Both contestants fall simultaneously or leave the area without the use of recognised technique or acceptable countering or finishing technique.

13. Determining the Winner

- 13.1 **Match:** The winner is determined by the highest cumulative score at the end of the two rounds or by a contestant taking a nine (9) point lead.
- 13.2 In the event of a draw the winner will be determined by the number of warnings issued. If the number of warnings given are nil or equal then there will be an additional one minute extension with the winner determined by the first contestant to score.
- 13.3 In the event of a draw persisting the Executive Referee and Assistant Referees will meet with the Chief Referee to determine the winner based on the most technically active performance.
- 13.4 The winner may also be determined by the Executive Referee's decision based on:
- Technical Knock Out (TKO) based on determination that the contestant cannot or should not continue.
 - Corner/Second 'throws in the towel'.
 - Advice from Medical Staff.

14. Officials: Referees and Judges

14.1 Sparring Area Officials

- One (1) Executive Referee
- One (1) Assistant Referee

14.2 Head Table Officials

- One (1) Head Judge (usually the Chief Referee)
- One (1) Verification Judge
- One (1) Time Keeper
- One (1) Score Keeper
- One (1) Administrator

15. Responsibilities of the Officials

15.1 The Executive Referee is the official in charge of the Sparring Area.

15.2 The Assistant Referee is responsible for area control and to award points to be confirmed by the Executive Referee and validated by the Verification Judge.

15.3 The Verification Judge will be the deciding judge if there appears to be a discrepancy in the points awarded by the Executive and the Assistant Referees.

15.4 The Head Judge is responsible for the administration of the match and for the interpretation and implementation of the rules and regulations of the contest.

16. Protests

16.1 Any coach who disputes the results of a match must notify the Chief Referee within 15 minutes of the end of the match. The coach must then file a written request for arbitration with a fee stipulated by the organiser. On receipt of the protest the Chief Referee, the Arbitrator, the Referee and the Coach will review the evidence. The results of the arbitration will then be announced. If the decision is to uphold the results of the match the fee will be retained by the organiser. If the decision is to overturn the results of the match the fee will be returned to the coach.



Entry Form – London Open International
Shuai Jiao Competition – 8 June 2013

Closing Date - 9 May 2013

Entry Form

Name: _____

Country: _____

First Name	Surname	Gender	D.O.B. (DD/MM/YYYY)	Position	Category	Passport No.
				Official		
				Team leader		
				Coach		
				Competitor		
				Spectator		

Annex C

Waiver Declaration

I certify that I am authorised to enter the above athlete into this event, and that the athlete is, and will be, a current member of the British Shuai Jiao Union (BSJU) or (if outside the UK) a Shuai Jiao practitioner on the day of the event. I certify that I have notified and explained the nature and risks associated with such competitions to their parents / guardians and they understand that they enter events at their own risk and own liability, and that they agree to them taking part. My organisation and those entering accept the event rules and that any events may be changed without prior notice or liability to the organisers or the BSJU or any other person organisation or company. Furthermore I understand and accept that entry into this event signifies my acceptance that the organiser has exclusive video rights and that the performing rights of the above named competitor are waived in favour of the organiser or its appointed agent for the purpose of video, reproduction, distribution, advertising and sale thereof. Furthermore I understand that all athletes are subject to International Olympic Committee (IOC) Dope Testing Regulations under the IOC WADA agreement and may be required to undertake tests, which from time to time are specified by the IOC. I acknowledge that it is recommended that all Shuai Jiao athletes are inoculated against Hepatitis A and B as it can be transmitted by sweat or blood, and have informed parents / guardians of this recommendation.

I accept any appeal against a decision must be made in writing to the organiser before medals are awarded and that no appeal can be made after the medals for that event have been awarded. (The appeal fee is £30, refunded if appeal is upheld, and forfeited if appeal is lost).

As the parent / guardian of the athlete I confirm that I have been made aware of the event and the dangers of participation in said event and advised of all the other aspects shown above and will not hold the BSJU, its officers members, the event organisers, their officers members, or any other person s associated with the event liable for any injury or losses, howsoever arising, howsoever caused, in any way, whatsoever. Furthermore I take responsibility for the care of the below named and their behaviour at all times and accept that it shall be the athletes coach who shall be responsible for the monitoring of the use of the warm up practice area which will not be supervised by anyone else other than the athletes coaches. The coach / parents shall also be responsible for checking the displayed entry list and making the athlete ready when the event is called. Any errors in these lists must be notified to the organisers before the competition begins. It is also noted that the organisers may merge any categories they deem necessary at their absolute discretion.

_____ Name of Coach	_____ Signature	_____ Date
_____ Name of Athlete	_____ Signature	_____ Date
_____ Name of Parent of Guardian <i>If the Athlete is under 18 years of age</i>	_____ Signature	_____ Date